



Rules & Regulations
Polish Championships of Policemen in Triathlon, Half Ironman Distance
which will take place during
Susz Triathlon 2019 competition

I. Organizers:

1. County Police Headquarters in Olsztyn
2. Professional Training Section of the Training and HR Department of County Police Headquarters in Olsztyn
3. Police Station in Susz
4. Police Trade Union in Susz
5. Susz Commune

II. Date and Place:

1. The competition will take place on 23rd June 2019 at 8:00.
2. Start and finish line will be situated at the Municipal Beach in Susz (ul. J. Wybickiego)
3. The race office will be located in Sports and Leisure Centre at ul. Piastowska 5c (open from 21st to 23rd June 2019). Opening hours of the office will be provided in the competition schedule.

III. Participation:

1. To take part in the competition one must be a police officer, an administration clerk or a police retiree.
2. During the registration and identification process participants must have their police, administration or retiree ID cards.

IV: Registration and Entry Fees:

1. Entries to participate in the competition are accepted until the limit of applications specified by the organizer is exhausted.
2. To apply the contestant must fill in the application form available at www.triathlon.susz.pl and mark 'Best Police Employee' tab in additional classification. Before registration the participant must e-mail his/her name, surname, date of birth, parent unit, e-mail address, phone number to triathlon@susz.pl. Then the verified participant will receive a return email with the discount number provided for sports clubs. At the same time, it is stipulated that the payment of the entry fee before the entry into force of these regulations will not be reduced by the discount.
3. The entry fee for Susz Triathlon 2019, depending on the date of payment, shall be:
 - a) up till 31st January 2019- 280 PLN
 - b) up till 31st March 2019- 350 PLN
 - c) up till 1st June 2019- 400 PLN

V. Classification and Age Groups:

1. General classification of WOMEN- 1st, 2nd, 3rd position
2. General classification of MEN- 1st, 2nd, 3rd position
3. A list of classifications of age category for 1st, 2nd, 3rd position, separate for women and men:
 - up to 29 years old
 - 30-39 years old
 - 40-49 years old
 - 50 years old or more

VI. Prizes:

1. Winners in general classifications will be awarded commemorative trophies and financial prizes (the amount depends on the sponsor).
2. Winners in age classifications will be awarded commemorative trophies and non-cash prizes (the amount depends on the sponsor).
3. Awards may be duplicated, which means that the contestant who gets a prize in general classification will also get a prize as part of the age category he/she is in.
4. The Organizer reserves the right to introduce additional awards in chosen categories.
5. The prize can only be collected at the awards ceremony.
6. The Organizer will not send the awards by post.
7. The prizes are funded by the Police.

VII. Accommodation and fees:

Travel expenses, entry fee, accommodation and meals will be covered by the participants.

VIII. Closing Remarks:

1. In matters not covered by the above regulations, the rules set out in the regulations of the Susz Triathlon 2019 competition and the regulations of triathlon competitions of the Polish Triathlon Association (PZTri) shall apply.
2. Contact with the person responsible for Polish Championships of Police – Daniel Szul, phone number 663 671 344.